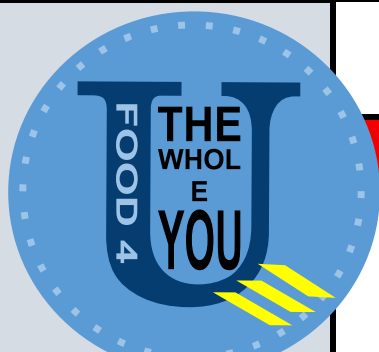


NOVEMBER 2023 - U-46 MIDDLE & HIGH SCHOOL MENU BREAKFAST






Fruit and Milk Choices Available
with All Entree Choices!

In addition to the breakfast
entrees, a variety of Grab 'n Go
options are available. Please see
your schools' menu board for the
most up-to-date menu and
offerings.

Menu Subject to Change.

In accordance with Federal Law and U.S.
Department of Agriculture policy, this institution
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To file a complaint of discrimination, write USDA,
Director, Office of Adjudication, 1400
Independence Avenue, SW, Washington, D.C.
20250-9410 or call toll free (866) 632-9992
(Voice). Individuals who are hearing impaired or
have speech disabilities may contact USDA
through the Federal Relay Service at (800)877-
8339; or (800)845-6136 (Spanish). USDA is an

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30 MAPLE FLAVORED TURKEY SAUSAGE PANCAKE WRAP FRUIT JUICE MILK	31  HALLOWEEN APPLE STRUDEL OR  SCARY ICED DONUT OR SAUSAGE CHEESE BISCUIT FRUIT JUICE MILK	1 BREADED CHICKEN BISCUIT SANDWICH OR STRAWBERRY FILLED PANCAKE BOWL FRUIT JUICE MILK	2 FRUIT AND YOGURT PARFAIT OR HAM AND CHEESE ON HAWAIIAN BREAD ROLL FRUIT JUICE MILK	3 CHEESY SCRAMBLED EGGS WITH TOPPINGS OR FRESH BAKED CINNAMON ROLL FRUIT JUICE MILK
6 MINI POWDERED DONUTS OR BACON, EGG AND CHEESE ON AN ENGLISH MUFFIN FRUIT JUICE MILK	7 SAUSAGE AND GRAVY BREAKFAST PIZZA OR ICED DONUT RING FRUIT JUICE MILK	8 HAM AND CHEESE BREAKFAST BAGEL OR FRESH BAKED CINNAMON ROLL FRUIT JUICE MILK	9 PANCAKES WITH TOPPINGS OR BREADED CHICKEN BISCUIT SANDWICH FRUIT JUICE MILK	10 EGG AND CHEESE OMELET OR DONUT HOLES FRUIT JUICE MILK
13 ICED DONUT RING OR SAUSAGE AND GRAVY BREAKFAST PIZZA FRUIT JUICE MILK	14 CHEESE PIZZA BAGEL OR STRAWBERRY FILLED PANCAKE BOWL FRUIT JUICE MILK	15 SAUSAGE AND CHEESE BISCUIT SANDWICH OR SUGARED DONUT HOLES FRUIT JUICE MILK	16 FRENCH TOAST WITH TOPPINGS OR HAM AND CHEESE ON HAWAIIAN BREAD ROLL FRUIT JUICE MILK	17 CHEESY EGGS WITH POTATOES OR FRESH BAKED CINNAMON ROLL FRUIT JUICE MILK
20 MINI CHOCOLATE DONUTS OR BACON, EGG AND CHEESE ON AN ENGLISH MUFFIN FRUIT JUICE MILK	21 FRESH BAKED CINNAMON ROLL OR SAUSAGE AND GRAVY BREAKFAST PIZZA FRUIT JUICE MILK			
27 MINI POWDERED DONUTS OR BACON, EGG AND CHEESE ON AN ENGLISH MUFFIN FRUIT JUICE MILK	28 SAUSAGE AND GRAVY BREAKFAST PIZZA OR ICED DONUT RING FRUIT JUICE MILK	29 HAM AND CHEESE BREAKFAST BAGEL OR FRESH BAKED CINNAMON ROLL FRUIT JUICE MILK	30 PANCAKES WITH FRUIT AND WHIPPED TOPPING OR BREADED CHICKEN BISCUIT SANDWICH FRUIT JUICE MILK	